



Transition Tips for Parents

Assign chores for your child at home (helps teach responsibility).

Praise your child for a job well done (whether at school or at home).

Ask your child if they have a particular job interest and why it interests them.

Talk about your job with your child (exposes him/her to real world of work).

Invite friends to talk about their jobs with your child.

Take your child to work with you for a few hours if possible or have a friend take your child to work if possible.

Allow children to make choices and decisions at home (for example: what to have for dinner, what day to do chores, etc.).

Encourage children to set goals at home (for example: to learn to cook a meal).

Ask your child if they understand what their disability is and how it affects them.

Have your child schedule dr. appointments, dentist appointments, hair appointments, etc.

Consider helping your child open a bank account.

Discuss your child's medical history with him/her if appropriate.

Attend IEP meetings at your child's school and encourage them to attend as well.

Provide input about how your child performs tasks at home or interests they have expressed in conversations with you (complete an assessment if the teacher has one).

Ask questions at school meetings if you don't understand.

Become informed about agencies in your area that could possibly provide services to your child (ask the teacher for information or go to www.arkansastransition.com).

Become informed about guardianship and determine if it's appropriate for your situation.

If your child is interested in going to college have him/her explore different college websites and talk to the Disability Support Services offices at these colleges.

Find out if there is a local transition team in your area that you can participate on—if not, consider starting one!