

Youth, young adults, and families: Do you want to learn about transitioning to adult health care?

These tools can help you learn about moving from pediatric to adult health care.

Are you ready to transition to adult health care?



What transition topics should you think about each year?



Is your health information on your smartphone?



What questions should you ask your doctor about transition?



What changes for your health care when you turn 18?



Here's how they differ

What are the differences between pediatric and adult health care?



Do you know how to find an adult doctor?



Do you have an Individualized Education Plan (IEP)?



Are there assessments to check your readiness for transition?



For more information, visit GotTransition.org.

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