

# Why is it important for you to participate in your IEP meeting?

- The meeting is about you.
- You need to have a voice and help to make decisions that affect your education and your life.
- The meeting gives you a chance to practice social, advocacy and communication skills that you will need in the future.
- Being a part of developing your goals helps you to reach your goals

# My plan for participating in my IEP:

## Before the meeting:

 \_\_\_\_\_  
 \_\_\_\_\_

## During the meeting:

 \_\_\_\_\_  
 \_\_\_\_\_

## After the meeting:

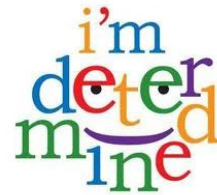
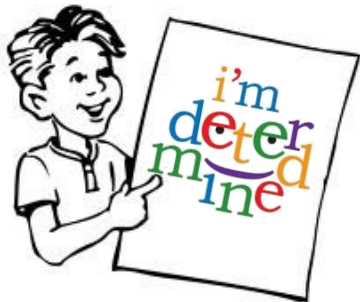
 \_\_\_\_\_  
 \_\_\_\_\_


# Suggestions for Your Participation in the IEP Process

A Self-Determination Project

## Web sites

- www.studentledieps.org
- www.youthhood.org
- www.ttaonline.org
- www.iidc.indiana.edu/cedir/kidsweb



©2007 Commonwealth of Virginia  
 Department of Education  
 Training and Technical Assistance Centers  
 James Madison University, Radford University,  
 \*Information copied with permission from  
 Virginia Department of Education

www.arkansastransition.com

## Before the meeting

- Learn about IEP meetings, their purpose and how to participate
- Suggest people to invite to your meeting
- Participate in discussion before the IEP meeting
- Participate in student IEP interviews
- Make a list of strengths, challenges, likes, dislikes and interests
- Write or assist with writing part of the IEP
- Take an interest inventory or vocational assessment
- Role play ways to participate and what to say
- Ask for accommodations and equipment you need to participate in your meeting
- Create a welcome sign
- Photocopy materials
- Call/send reminders of meeting
- Prepare notebook/portfolio
- Prepare a PowerPoint about you

## During the meeting

- Attend the meeting
- Introduce participants at the meeting
- Share samples of your work from your classes
- Present specific information for your IEP (information about your Present Level of Performance, accommodations, etc.)
- Share ideas about what works well for you and your plans
- Present information from your notebook or PowerPoint about yourself
- Review your previous IEP goals and progress toward those goals
- Lead the discussion of transitional plans (your future)
- Recommend new IEP goals and accommodations
- Lead the IEP meeting

## After the meeting

- Complete an exit survey about your experience at the meeting
- Share your experience about participating with others
- Deliver highlights of the meeting to your teachers
- Discuss your disability, IEP and accommodations with teachers and others
- Send thank-you notes to meeting participants
- Participate in IEP updates and help evaluate the progress of your benchmarks and goals
- Prepare for your next IEP meeting

